

**Central Pines Area Agency on Aging
Ombudsman Program
Annual Report**

**JOINT NURSING & ADULT CARE HOME
COMMUNITY ADVISORY COMMITTEE**

COUNTY: Chatham	REPORTING YEAR: <u>FY 2023: Oct 2023-Sept 2024</u>
COMMITTEE: Joint Nursing & Adult Care Home Community Advisory Committee	CHAIRPERSON: Co-Chairs: Sigi Markworth & Patti Liegl
COMMITTEE MEMBERS:	MEMBERS IN TRAINING (in FY 2023):
Kevyn Immermann, Patti Liegl	Billy Cummings
Sigi Markworth, Patricia Regan	Barbara Gustinis
Anita Tesh	

1. Were all the homes in the county served by the Committee?

All of the Chatham County homes were visited by the Chatham County Community Advisory Committee (CAC) during FY 2023. See Table 1 (attached) for a list of visit dates. During FY 2023, The LiveWells facilities were visited twice, in January and September.

2. Describe the educational and community involvement efforts by the Committee

In Q1 of FY 2023, the Committee continued to re-acquaint the facilities to the roles and functions of the CAC, and to recruiting new members. Some committee members attended the World Elder Abuse Day conference in June held in Durham, NC sponsored by Central Pines Area Agency on Aging.

Committee members also attended Chatham County Aging Services Healthy Aging Expo in September.



The Committee continues to have a close working relationship with Aging Services at the Pittsboro Center for Active Living (formerly Council on Aging, Pittsboro Senior Center), including inviting director Ashlyn Martin to regularly attend quarterly meetings, held at the Center. Jimmy Lewis, Grants and Communications Specialist with the Center for Active Living, updates the Committee website as needed: <https://www.chathamcountync.gov/government/appointed-boards-and-committees/adult-care-advisory-committee>

Reading material subscriptions for residents of Dunmore Senior Living (formerly Coventry House) have been renewed. These subscriptions include Reader's Digest and Our State Magazine.

3. Describe any problems encountered by the Committee

One of the problems we encountered is the difficulty recruiting new CAC members (particularly from the Latino community, having male representation, and geographical diversity).

4. Was the Committee involved in grievance resolution during the year?

No. The Committee alerted the Regional Ombudsman to a number of issues of possible concern, but the Committee was not directly involved in any formal grievances.

5. Summarize the strengths and weaknesses of the facilities in the county. -

a. Strengths:

The facilities in the county include a range of options for potential residents, from continuing care retirement (lifecare) communities to stand-alone assisted living and skilled facilities. With rare exception, the facility administrators and staff are dedicated to quality care of residents.

b. Weaknesses:

Facilities continue to struggle to recruit and maintain care staff, and to experience occasional problems with staff who do not fully embrace the values of the facility. Community involvement in several facilities continues to be low since Covid.

6. Summarize the strengths and weaknesses of the Committee:

a. Strengths:

Committee strengths include: 1) having dedicated Committee members with a variety of backgrounds and areas of expertise, and who bring diverse perspectives and insights to Committee work; 2) excellent working relationship with and support from the Regional Ombudsman, Autumn Cox; 3) excellent working relationship with the administrators of the Chatham County facilities which we serve; and 4) our new excellent partnership with Chatham County Aging Services. Additionally, the Committee has developed a process of approving minutes and visit reports by email. This allows for approvals while the events are “fresh” in the minds of members and streamlines the convened meetings since many documents are approved before the meeting. (Draft visit reports are approved by visiting members via e-mail and FINAL reports are approved by all CAC members at the meeting.)

b. Weaknesses:

Only one of the two new committee members in training is male. The FY23 committee number will soon be 7 (6 females, 1 male). We had difficulty recruiting new CAC members (particularly from the Latino community, having male representation, and geographical diversity).

7. Comments

The Chatham CAC is pleased to continue serving the residents of Chatham County. We look forward to adding newly recruited members to the Committee. The Committee expresses sincere thanks to Ashlyn Martin and Jimmy Lewis of Chatham County Aging Services for assistance with our website, and for allowing us to use the conference room at CAS- Pittsboro.

CAC Visits by Quarter 2023/2024

Facility	Size/Type	FY2023			
		Q1: 10/1/2023-12/31/2023	Q2: 1/1/2024-3/31/2024	Q3: 4/1/2024-6/30/2024	Q4: 7/1/2024-9/30/2024
The Arbor at Galloway Ridge	40 bed SNF, 51 bed Assisted Living	10/12/2023	1/9/2024	5/3/2024	7/10/2024
Cambridge Hills	90 bed Assisted Living	10/25/2023	1/9/2024	4/24/2024	7/22/2024
Carolina Meadows Fairways	95 bed Assisted Living	10/17/2023	1/18/2024	4/2/2024	7/22/2024
Carolina Meadows Health Center/ Pines	90 bed SNF	10/17/2023	1/18/2024	4/2/2024	7/22/2024
Chatham Ridge	91 bed Assisted Living	10/12/2023	1/19/2024	5/3/2024	7/10/2024
Coventry House of Siler City	66 bed Assisted Living	10/25/2023	1/19/2024	4/19/2024	7/17/2024
The Laurels	140 bed SNF	10/29/2023	1/26/2024	4/20/2024	7/12/2024
LiveWell on 11472 Club Drive**	6 bed Family Care Home	**	1/5/2024	**	9/19/2024
LiveWell on 11476 Club Drive**	6 bed Family Care Home	**	1/5/2024	**	9/19/2024
Pittsboro Christian Village	40 bed Assisted Living	10/29/2023	1/12/2024	4/25/2024	7/12/2024
Siler City Center	150 bed SNF	10/25/2023	1/19/2024	4/19/2024	7/17/2024

**family care homes with 6 or fewer beds require one visit per calendar year

AT=Anita Tesh KI= Kevyn Immerman PL=Patti Liegl PR=Pat Regan SM= Sigi Markworth BG=Barbara Gustinis (member in training)

BC=Billy Cummings (member in training)