

OUR MISSION

The mission of Chatham County Aging Services is to empower adults as they age by offering a wide variety of home and community services, providing them with opportunities to remain active and independent.

We partner with many Chatham County organizations to offer opportunities, advocacy and a wide range of services.

Whether you have questions about nutrition, in-home assistance, caregiver support or something else,

Chatham County Aging Services will help you find the answer.

We offer numerous exercise and education programs, activities, and meals at our two Active Living Centers. We also offer home-based services to help you feel comfortable and live well at home.



VISIT US TODAY!



Pittsboro Center for Active Living
365 Hwy 87 N
Pittsboro, NC 27312
(919) 542-4512



Siler City Center for Active Living
112 Village Lake Road
Siler City, NC 27344
(919) 742-3975



FOLLOW US ON FACEBOOK!
@Chatham County Aging Services



Chatham County Aging Services
PO Box 715
Pittsboro, NC 27312
(919) 542-4512

Chatham County Aging Services is a department within Chatham County government, providing an array of activities and services designed to engage the physical, mental and social needs of older adults.



**PROMOTING
INDEPENDENT
LIVING &
QUALITY OF LIFE**



**FOR CHATHAM
COUNTY'S
OLDER ADULTS**

Aging Services helps older adults and caregivers access available services, supports, and care options.

Scan the QR code
with your camera to
visit our website!



(919) 542-4512
[www.chathamcountync.gov/
agingservices](http://www.chathamcountync.gov/agingservices)
agingservicesinfo@chathamcountync.gov

CENTER PROGRAMS

Congregate Meals

A nutritious meal and community fellowship is provided daily, Monday - Friday, at both centers.

Activities, Exercise Programs, and Health Promotion & Disease Prevention Support Programs

Our Pittsboro and Siler City Centers for Active Living provide health screenings, exercise classes, games, evidence-based programs, day trips, music, art and more. Each center includes a gym that is available to registered participants during regular center hours.



VOLUNTEERS

Become a volunteer to enjoy meaningful and life-changing experiences in support of Chatham County Aging Services' mission.

HOME-BASED PROGRAMS

In-Home Aide Program

Services are provided to individuals aged 60+ who require assistance with personal care needs, such as bathing, dressing and toileting.

Meals on Wheels

Volunteers provide a brief visit and a hot meal for homebound older adults. Frozen and shelf-stable meals are available for people who don't live on meal routes or in emergency situations.

Assistive Equipment Loan Program

We offer assistive devices, such as canes, walkers, wheelchairs, shower transfer benches and hospital beds. Donated devices are accepted.

Minor Home Repairs

Volunteers install shower grab bars, other assistive devices and make minor home repairs.

Caregiver Support

Provides information, support and respite to caregivers who provide care for an individual aged 60+ or an individual with Alzheimer's Disease or related brain disorder. Also assists caregivers aged 55+ raising related children aged 18 and under, or an adult with a disability.

OUR SERVICES

Friendly Caller Program: Trained volunteers regularly check in with community members who live alone or are alone during the day.

Heat-Relief Fan Distribution: Residents aged 60+ can receive one fan per year to help manage summer heat.

Income Tax Assistance (VITA): Free tax preparation for individuals of all ages, including low-to-moderate income earners, people with disabilities, and those with limited English proficiency.

Incontinence Supplies: In partnership with the Diaper Bank of North Carolina, we provide essential adult incontinence supplies like pull-ups, tab diapers, bed pads and wipes.

Notary Public: Free notary services for individuals aged 55+ and those with disabilities.

Information and Options Counseling: Provides information on community resources that can help meet basic needs and assist older adults in maintaining their independence. Available in-person or by phone.

Seniors' Health Insurance Information Program (SHIIP): Provides free, unbiased Medicare information and counseling. Open enrollment is from October 15 to December 7 each year.

Senior Games & SilverArts: Open to those 50 years of age and "better."