## Chatham County Aging Services



## 2024 Directory of Resources

Facilitating Informed Choices for Older Adults

Pittsboro Center: 919-542-4512 | Siler City Center: 919-742-3975 www.chathamcountync.gov/agingservices

## Chatham County Aging Services Locations

Pittsboro Center for Active Living 365 Highway 87 North Pittsboro, NC 27312

Phone: 919-542-4512

Siler City Center for Active Living 112 Village Lake Road Siler City, NC 27344

Phone: 919-742-3975



"Love cannot remain by itself – it has no meaning. Love has to be put into action, and that action is service."

—Mother Teresa

### We're Committed to Chatham County

A Message from Aging Services Director, Ashlyn Martin:

Roughly half a century ago, the forerunner to Chatham County
Aging Services was founded by Mattie Paige, Lacy D. Marsh and
Charlie Baldwin - a trio of prominent African American community
leaders in Chatham County. As the Chatham County Council on
Aging, the agency's original mission was "to promote the
independence and dignity of our older adults and to help them
remain healthy, secure and involved in their own homes and
community as long as possible."

That mission has changed very little as the decades have passed. As we have transitioned from a nonprofit organization to a department within Chatham County government, our commitment to the well-being of our community's older adults has remained steadfast. Our Pittsboro Center for Active Living and Siler City Center for Active Living have been recognized as "Centers of Excellence" by the North Carolina Division of Aging and Adult Services.

It is our intent with this directory to empower the Chatham County community with the resources needed to make informed decisions tailored to each individual. While inclusion within these pages does not imply endorsement by Aging Services, we have strived for this directory to be as complete as possible.

Please do not hesitate to let us know if we can ever be of assistance.





## **About Our Services**

**Activities:** A variety of programs and activities are offered daily, such as health screenings, games, nutrition education, and art classes.

**Assistive Equipment Loan Program:** We provide devices, such as canes, walkers, wheelchairs, shower transfer benches, bedside toilets and hospital beds for an indefinite period. We accept donations of equipment in clean and working condition.

Caregiver Support: This program provides respite and support for family caregivers. Support groups are held monthly.

**Congregate Meals:** A nutritious noontime meal and community fellowship is provided daily Monday-Friday at both centers. You may sign up to join us for lunch for an optional contribution of \$5.50. Call one day ahead to let us know if you are coming.

**Exercise Classes and Fitness Rooms:** Establish a regular exercise routine with a variety of exercise classes such as aerobics, Tai Chi, Yoga, and chair aerobics classes. Our exercise equipment includes weight stations, treadmills, free weights and stationary bicycles. Open to participants age 55 and older. An orientation is required before using the equipment.

**Friendly Phone Caller:** Our trained volunteers keep in touch with community members who live alone, or are alone during the day.

**Health Education & Disease Management:** Nutrition education, health screenings, and diabetes support are some examples of the education and disease support programs offered.

**In-Home Aide Service**: We assist older adults in maintaining their independence by providing subcontracted, State-certified nursing assistants to assist with personal care, performing in-home tasks and meal preparation.

**Incontinence Supplies:** Our partnership with the Diaper Bank of North Carolina assists us in providing critical adult incontinence supplies, such as pull-ups, tab diapers, personal pads, bed pads, and wipes.

Meals on Wheels: Volunteers provide a daily wellness check and a hot meal for homebound older adults who are unable to attend congregate meals at one of our centers. Frozen Meals are available for those who do not live on a regular route but are otherwise eligible for Meals on Wheels. If someone doesn't live on one of our regular routes, family members may come by the designated center to pick up frozen meals. Shelf-stable meals are provided (when available) when there is an emergency situation or weather disaster.

**Minor Home Repair:** This program focuses on repairs in and around the home that do not require a permit. Examples include the installation of assistive devices, such as grab bars. Volunteers also repair steps, construct new ramps, and correct minor plumbing issues.

**Notary Public:** Notary service for ages 60 and over or disabled.

**Options Counseling:** A process where individuals receive decision support as they make informed choices about potential services and supports. Individuals then take the lead in carrying out their personalized Action Plan.

**Resource Information & Referral:** We provide information regarding Chatham County aging-related resources.

**SHIP:** The Seniors' Health Insurance Information Program (SHIP) counsels Medicare beneficiaries and caregivers about Medicare, Medicare Supplements, Medicare Advantage, Medicare Part D, and long-term care insurance. The counselors offer free and unbiased information regarding Medicare health care products. Open enrollment is October 15-December 7 every year and questions can be answered year-round.

**Sitter and Cleaner Lists:** These are lists of persons indicating that they are available for employment in the home caring for older adults. These individuals are not endorsed by Aging Services other than the completion of a criminal background check.

**VITA:** The Volunteer Income Tax Assistance program offers free tax preparation to people of all ages who need assistance in preparing their own tax returns, including people with low-to-moderate income; persons with disabilities; and limited English-speaking taxpayers. IRS-certified volunteers provide free basic income tax return preparation to qualified individuals.

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### **ADVOCACY & SUPPORT**

The following organizations provide support and assistance for specific interest groups.

#### **AARP**

Washington, DC 888-687-2277 Raleigh, NC 866-389-5650 www.aarp.org

#### **American Liver Foundation**

212-668-1000 https://liverfoundation.org/

#### **American Lung Association**

800-LungUSA https://www.lung.org/

#### **Arthritis Foundation**

1-800-283-7800 https://www.arthritis.org/

#### **Asthma and Allergy Foundation of America**

800-727-8462 https://aafa.org/about-aafa/

#### Crohn's and Colitis Foundation of America

800-932-2423 http://www.crohnscolitisfoundation.org/

#### **Cystic Fibrosis Foundation**

800-344-4823 https://www.cff.org/about-us

#### **Division of Health Service Regulation**

Complaint Hotline 800-624-3004 https://info.ncdhhs.gov/dhsr/

#### **Epilepsy Foundation of America**

301-459-3700 https://www.epilepsy.com/

#### Friends of Residents in Long-Term Care

919-782-1530 www.forltc.org

#### **Hispanic Liaison**

919-742-1448 Siler City hispanicliaison.org

#### **Lupus Foundation of America**

202-349-1155 www.lupus.org

## **Central Pines Regional Council Ombudsman Program**

Autumn Cox 4307 Emperor Blvd. Suite 110 Durham, NC acox@centralpinesnc.gov 919-558-9401

#### **NC Statewide Independent Living Council**

984-480-6328 nc-silc.org

### ANIMAL RESOURCES

The following organizations offer assistance with animal, pet, & pest issues.

#### **CARE**

Chatham Animal Rescue & Education Nonprofit Animal Welfare organization 919-542-5757 https://www.chathamanimalrescue.org/

#### **Chatham Sheriff's Animal Rescue**

Rescue, animal shelter, low-cost rabies vaccine, spay/ neuter vouchers 725 Renaissance Drive Pittsboro, NC 27312 919-542-7203

#### **NC Wildlife Rescue Commission**

800-662-7137 www.ncwildlife.org

#### SNAP-NC

Mobile Low-cost spay/neuter vet 919-783-SNAP (7627) https://www.snap-nc.org/

#### Wildlife Rehab, Inc.

Injured and orphaned wildlife 866-318-2401 https://www.ncwildlife.org/Injured-Wildlife/Findrehabilitators-by-county

## CAREGIVER, RESPITE, & DEMENTIA RESOURCES

The following organizations provide daytime care, respite, activities, counseling, or support for caregivers

#### **AARP Caregiving Website**

Caregiver Support 888-687-2277

https://www.aarp.org/home-family/caregiving/

#### **Alzheimer's Association**

National 24/7 Helpline......800-272-3900 Eastern NC Chapter—Raleigh ......919-803-8285 www.alz.org

#### **Charles House Eldercare Center**

Adult Day Center/Dementia 7511 Sunrise Rd. Chapel Hill, NC 27514 919-967-7570

#### **Chatham County Aging Services**

Family Caregiver Support Program 919-742-3975

#### **Christian Healthcare**

Adult Day Center 507 B N. Steele Street Sanford, NC 27330 919-775-5610

#### **Dementia Alliance of North Carolina**

9131 Anson Way Suite 206 Raleigh, NC 27615 919-832-3732

#### **Duke Family Support Program**

Alzheimer's Support 919-660-7510 dukefamilysupport.org

#### MedicAlert

Alert bracelets/registry 1-800-432-5378 https://www.medicalert.org/

#### PACE Piedmont Health SeniorCare

All-Inclusive Care Program for Elderly 163 Chatham Business Drive Pittsboro, NC 27312 919-545-7337

https://piedmonthealthseniorcare.org/

#### Safe Return Program (alert bracelets/registry)

Via Alzheimer's Association https://www.alz.org/help-support/caregiving/safety/ medicalert-with-24-7-wandering-support 888-572-8566

#### **Twin Lakes Community Memory Care**

3810 Heritage Drive
Burlington, NC 27215
336-585-2400
https://twinlakescomm.org/
moneta\_springs\_memory\_care

#### The VA Caregiver Support Line

855-260-3274 www.caregiver.va.gov

## DISABILITY-RELATED SERVICES

The following organizations offer advocacy, assistive devices, communication services, education, or other supportive services.

#### **ARC of Orange County**

1709 Legion Rd STE 100 Chapel Hill, NC 919-942-5119

#### **Disability Rights of NC**

877-235-4210 www.disabilityrightsnc.org

#### **First in Families**

3109 University Drive, Suite 100 Durham, NC 27707 919-251-8368

#### **Hearing Loss Association of America**

301-657-2248 https://www.hearingloss.org/

**Lion's Club (Chatham County)** Disability Services 919-742-4081 or 919-663-2659

# DISABILITY-RELATED SERVICES (cont.)

#### **NC Assistive Technology Program**

919-855-3500 919-859-8360

https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program

#### NC Division of Serv for Deaf and Hard of Hearing

Raleigh

919-527-6930 Voice 919-715-0933 TTY 1-800-851-6099 Voice/TTY 919-890-0859 video phone

#### NC Division of Services for the Blind

(Chatham-District Office) 2950 Village Drive, Suite 201 Fayetteville, NC 28304 910-486-1582 800-422-1897

#### NC Division of Services for the Blind (Raleigh)

919-527-6700

#### NC Library for Blind and Physically Handicapped

1841 Capital Boulevard Raleigh, NC 27635 888-388-2460 919-733-1376 https://statelibrary.neder.

https://statelibrary.ncdcr.gov/lbph

#### **NC Reading Services**

24/7 News & Information 919-832-5138 https://www.ncreadingservice.org/

#### **Partners Behavioral Health Management**

877-864-1454 877-235-4673 (Crisis Line) www.partnersbhm.org

#### Relay NC (TTY) 24-hour availability

800-735-2962 or 711 www.relaync.com

#### Relay NC (voice) 24-hour availability

877-735-8200 or 711 www.relaync.com

#### **Social Security Administration**

Disability Benefits 401 Tiffany Drive Sanford, NC 27330

National: 800-772-1213 or 800-325-0778 (TTY)

www.ssa.gov

#### **Vocational Rehabilitation**

Independent Living, Home Repair & Modifications

Raleigh: 919-664-1200 Siler City: 984-265-6040

Durham: 919-560-6810 or 1-888-666-4916

TTY: 919-855-3597

### **DONATION CENTERS**

The following organizations accept various donated items. To donate medical equipment such as walkers, wheelchairs, etc., in good, clean condition, please contact Chatham County Aging Services.

#### **Chatham PTA Thrift Shop**

Cole Park Plaza	919-969-9457
11500 US 150501 N.	
Chapel Hill, NC	
Pittsboro	919-542-4070
400 East Street	
Pittsboro, NC	
Siler City	919-663-2395
201 Chatham Square	
Siler City, NC	

#### **Habitat for Humanity Re-Store**

Does pick-ups
467 West Street
Pittsboro, NC 27312
919-542-0788
Donations/pick-up......919-548-6910

#### Salvation Army

200 Sanford Rd Pittsboro, NC 27312 919-542-1593

#### **Second Bloom Thrift Shop**

Adult Clothing Donations Only 630 East Street Pittsboro, NC 27312 919-545-0005

# EMPLOYMENT AND TRAINING

The following organizations offer education and skills training for persons seeking employment. Some organizations may also offer employment with their agency.

#### **AARP**

Online listing of local job opportunities jobs.aarp.org

#### **Chatham County Veteran Services**

Michael Daniels, Veteran Services Officer 919-545-8334 michael.daniels@chathamcountync.gov (Veteran Benefits Assistance hours are held Wednesdays from 8 a.m. to noon at the Siler City Center for Active Living. Appointments are required.)

#### **Employment Security Commission**

Raleigh	888-737-0259
Sanford	919-775-2241

#### **Goodwill Industries**

336-724-3621 336-714-3060 Relay TTY https://www.goodwillnwnc.org/train/

#### **NC Department of Military & Veteran's Affairs**

Raleigh 844-624-8387

## Senior Community Service Employment Program (SCSEP)

693 Palmer Drive Raleigh, NC 27603 919-855-3400

## The National Caucus and Center on Black Aging, Inc. (Chatham County SCSEP)

Pittsboro 919-545-8054 Janie Mullin

#### **Vocational Rehabilitation**

Raleigh 919-664-1200 Siler City 984-265-6040 Durham 919-560-6810 or 1-888-666-4916 TTY: 919-855-3597

# FINANCIAL AND FOOD ASSISTANCE

The following organizations offer assistance with a variety of supports for persons with limited resources.

Support may include assistance with prescription drugs, power, gas, and access to food.

#### **Alston Chapel United Holy Church**

Emergency Food & Food Assistance 1832 Alston Chapel Road Pittsboro, NC 27312 919-542-4111

#### **American Red Cross**

800-733-2767, www.redcross.org

#### **Chatham County Dept. of Social Services**

Food Stamps/SNAP and Utility Assistance 102 Camp Drive Pittsboro, NC 27312 919-542-2759

#### **Chatham County Aging Services**

Meals-on-Wheels (60+) & Congregate Nutrition (60+) 919-542-4512

#### **Consumer Financial Protection Bureau**

855-411-2372

https://www.consumerfinance.gov/

#### **CORA—Chatham Outreach Alliance**

40 Camp Drive, Pittsboro, NC 27312, 919-542-5020

#### **Evergreen United Methodist Church**

Free Community Dinner- first Thurs. of each month 6:00 PM - A short optional service follows the dinner 11098 N. Hwy 15-501, Chapel Hill, NC 27517 919-968-0198 – Pastor Julie Poston

#### **Inter-Faith Council for Social Services**

Emergency Food & Food Assistance 110 W. Main Street, Carrboro, NC 27510 919-929-6380

#### **Salvation Army**

200 Sanford Road #1, Pittsboro, NC 27312 919-542-1593

#### **West Chatham Food Pantry**

2535 Old US Hwy 421 N, Siler City, NC 919-742-3111

### FINANCIAL MANAGEMENT

The following organizations provide education and information regarding financial management.

#### **Chapter 13 Bankruptcy**

Middle District of NC 336-358-4000 https://bankruptcycourthouse.com/north-carolina/ chatham-county/

#### **Consumer Financial Protection Bureau**

855-411-2372 https://www.consumerfinance.gov/

#### **Equifax**

**Credit Reporting Agency** 800-525-6285 https://www.equifax.com

#### **Experian**

Credit Reporting Agency 800-301-7195 https://www.experian.com

#### **Free Annual Credit Report**

877-322-8228 https://www.annualcreditreport.com

#### **TransUnion**

**Credit Reporting Agency** 800-680-7289 https://www.transunion.com

#### Legal Aid of NC

Bankruptcy and Foreclosure Assistance 877-579-7562 Senior Helpline

### **HEALTH SUPPORTIVE SERVICES**

The following organizations provide information and education on specific health conditions.

#### **American Cancer Society**

800-227-2345 www.cancer.org

#### **American Diabetes Association**

800-342-2383 www.diabetes.org

#### **American Heart Association (Triangle Unit)**

5001 South Miami Blvd, Suite 300 Durham, NC 27703 919-463-8300 www.heart.org

#### American Liver Foundation

212-668-1000 https://liverfoundation.org/

#### American Lung Association

800-LUNG-USA (800-586-4872) https://www.lung.org/

#### **American Red Cross Regional Headquarters**

2425 Park Road Charlotte, NC, 28203 704-376-1661 **Central NC Chapter** 

4737 University Drive, Building 3 Durham, NC 27707 919-489-6541

#### **Arthritis Foundation**

1-800-283-7800 https://www.arthritis.org/

#### **Asthma and Allergy Foundation of America**

800-727-8462 https://aafa.org/about-aafa/

#### **Chatham County Health Department**

919-742-5641

https://www.chathamcountync.gov/government/ departments-programs-i-z/public-health

# HEALTH SUPPORTIVE SERVICES (cont.)

#### **Crohn's and Colitis Foundation of America**

800-932-2423

http://www.crohnscolitisfoundation.org/

#### **Cystic Fibrosis Foundation**

800-344-4823 www.cff.org

#### **Duke Family Support Program**

Alzheimer's Support 919-660-7510 dukefamilysupport.org

#### Easter Seals UCP of North Carolina & Virginia

800-662-7119

www.eastersealsucp.com

#### **Epilepsy Foundation of America**

301-459-3700 OR 800-332-1000 https://www.epilepsy.com/

#### **Hospice & Palliative Care**

Medicare Certified
Community Home Care & Hospice, Siler City
919-663-1244
Duke Home Care & Hospice, Durham
919-620-3853
SECU Jim & Betsy Bryan Hospice Home, Pittsboro
984-215-2650

#### **Kidney Foundation**

National 800-622-9010 www.kidney.org North Carolina Office: 7413 Six Forks Rd., #255 Raleigh, NC 27615 Phone: 704-519-0020

#### **Lupus Foundation of America**

202-349-1155 www.lupus.org

#### **Multiple Sclerosis Society**

800-344-4867 www.nationalmsscociety.org

#### **NC Brain Injury Association**

800-377-1464 www.bianc.net

#### **NC Stroke Association**

336-713-5052 www.ncstroke.org

#### Parkinson Association of the Carolinas

866-903-7275

www.parkinsonassociation.org

# HISPANIC AND LATINX SERVICES

The following organizations provide counseling, community inclusion, education, medical care, and translation services for persons of Hispanic/Latinx heritage.

#### El Futuro

Mental Health & Substance Abuse (Bilingual) 401 N. Ivey Ave. Siler City, NC 27344 919-688-7101 ext.600

#### **Hispanic Community Support**

919-687-4635 https://elcentronc.org/

#### **Hispanic Liaison**

919-742-1448 https://evhnc.org/

#### **Peak Professional Group, PLLC**

Mental Health & Substance Abuse (Bilingual) 200 Sanford Road, Suite 2 Pittsboro, NC 27312 919-335-3105 https://www.peakprofessionalgroup.com/

#### **Renaissance Wellness Services**

Mental Health & Substance Abuse (Bilingual) 288 East Street, Suite 1001-F7 Pittsboro, NC 27312 919-704-8449 http://rwellnessservices.com

#### St. Julia Catholic Church

Translation Service 210 Harold Hart Rd. Siler City, NC 27344 919-742-5582

### **HOME MAINTENANCE ASSISTANCE**

The following organizations provide home modifications or repairs through volunteers or other publicly funded programs.

#### Better Business Bureau of Eastern NC Home Repair for Older Adults &

(for assistance in connecting to accredited businesses) 5540 Munford Rd., Ste. 130 Raleigh, NC 27612-2655 919-277-4222 https://www.bbb.org/

### Central Piedmont Community Action, Inc.

Weatherization Assistance Program 1401 Ross Avenue, PO Box 626 Siler City, NC 27344 919-742-2277

#### **Chatham County Aging Services**

Minor Home Repair 919-542-4512

#### **Helping Chatham**

Home Repair for Older Adults & Disabled (Plumber, etc.) E-mail: info@helpingchatham.org www.helpingchatham.org

#### **Rebuilding Together of the Triangle**

200 Trans Air Dr., Suite 200 Morrisville, NC 27560 919-341-5980 https://www.rttriangle.org/



### **HOUSING**

The following organizations offer assistance with home ownership counseling, rentals, temporary housing and placement in care facilities.

#### **American Red Cross**

4737 University Drive, Building 3 Durham, NC 27707 919-489-6541

#### Central Piedmont Community Action

Rapid Re-housing Program 919-742-2277 https://www.cpcanc.org/

#### **Chatham County Aging Services**

Information on Senior Housing Options 919-542-4512

#### **Chatham Habitat for Humanity**

919-542-0794

https://www.chathamhabitat.org/

#### **Freedom House Recovery Center**

Transitional Housing 919-942-2803

#### Interfaith Council for Social Services--Community House

Chapel Hill, NC 919-967-0643 Community House Men 919-932-6025 Women & Children

### **Chatham Family Violence Prevention Program**

40 E. Chatham St, Room 2401 Pittsboro, NC 27312 24/7 Crisis Phone Line: 919-545-0055

#### **Chatham County Housing Authority**

Housing Vouchers & Transitional Housing for Women 919-742-1236 https://ccha-nc.org/

#### **Love Chatham**

Homeless Support 919-726-9976 www.lovechatham.org

#### **NC Housing Search**

Free Service to list and find housing 877-428-8844 https://www.nchousingsearch.org/

#### Salvation Army

services/

126 Village Lake Rd, Siler City, NC 27344 Emergency Assistance/Bill Pay 919-542-1593 Housing Crisis Assistance 336-763-6400 https:// southernusa.salvationarmy.org/ greensboro/chatham-county-

## IDENTIFICATION, RECORDS, & VOTING

The following organizations are resources for voters, public records identification cards, or license/tags.

#### **Chatham County Board of Elections**

Voter Registration and free Photo ID 984 Thompson St, Pittsboro, NC 27312 919-545-8500

https://www.chathamcountync.gov/government/appointed-boards-and-committees/board-of-elections

#### **Chatham County Register of Deeds**

12 East St, Pittsboro, NC 27312 919-542-8235 https://chathamncrod.org/

#### **License Plate Agency**

311 N 2nd Ave, Siler City, NC 27344 919-742-1307 https://www.silercity.org

#### **NC Drivers License Office**

1103 N 2nd Ave, Siler City, NC 27344 919-663-2601



### IN-HOME ASSISTANCE

The following organizations provide licensing information, weekly calls, or home care assistance.

#### **Chatham County Aging Services**

In-home aide, sitter/cleaner & home health agencies list, respite, friendly phone calls 365 Hwy 87 North, Pittsboro NC 27312 919-542-4512 https://chathamcouncilonaging.org/

#### **Chatham County Department of Social Services**

102 Camp Drive, Pittsboro NC 27312 919-542-2759

https://www.chathamcountync.gov/government/departments-programs-i-z/social-services

#### **Division of Health Services Regulation**

Home Care Complaint Hotline 800-624-3004 https://info.ncdhhs.gov/dhsr/

#### **NC Division of Aging and Adult Services**

In-home Aide Program Consultant 919-855-3400

#### **UNC Hospice and Palliative Care**

PO Box 1077, 287 East Street, Pittsboro NC, 27312 877-715-0606

# INSURANCE INFORMATION

The following organizations offer free counseling and education related to health insurance options.

#### **AARP**

5511 Capital Center Drive, Suite 400, Raleigh NC 27606 866-389-5650

#### **Chatham County Dept. of Social Services**

Medicaid 102 Camp Drive, Pittsboro, NC 27312 919-542-2759

#### **Chatham County Aging Services**

Seniors' Health Insurance Information Program (SHIIP) Counseling 365 Hwy 87 N, Pittsboro NC 27312 919-542-4512

# INSURANCE INFORMATION (cont.)

#### Medicare

800-633-4227 www.medicare.gov

### NC Department of Insurance Consumer Services Division

SHIIP, Medicare Counseling 855-408-1212 www.ncdoi.com

#### **NC Division of Medical Assistance**

Medicaid 919-855-4100 888-245-0179 https://www.ncdhhs.gov/north-carolina-medicaid

### **Social Security Administration** National 800-772-1213

Sanford 877-319-5774 www.ssa.gov

# LEGAL & CONSUMER PROTECTION SERVICES

The following organizations offer services that address individual legal needs or concerns.

#### **Better Business Bureau of Eastern NC**

919-277-4222

https://www.bbb.org/local-bbb/bbb-of-eastern-carolinas

#### **Chatham County Discrimination Resources**

Housing and Employment https://www.chathamcountync.gov/government/ departments-programs-i-z/social-services/countydiscrimination-resources

#### **Chatham County Register of Deeds Office**

919-542-8235

https://chathamncrod.org/

#### Clerk of Superior Court—Guardianship

919-545-3500

https://www.nccourts.gov/locations/chatham-county

#### **Legal Aid of NC**

Domestic violence, civil, non-criminal 877-579-7562 (Senior Help Line) 919-545-0735 (Pittsboro Office) www.legalaidnc.org

#### Magistrate's Office

919-545-3519 business hours 919-542-2911 after hours https://www.nccourts.gov/locations/chatham-county

#### Mediation Services

Deep River Mediation 919-542-4075

#### **NC Consumer Protection Division**

NC Attorney General Josh Stein 1-877-5-NO-SCAM or 919-716-6000

#### **NC Department of Labor**

800-625-2267 www.labor.nc.gov

#### **NC Lawyer Referral Service**

919-677-8574 www.ncbar.org

#### **NC State Bar**

919-828-4620 www.ncbar.gov

## LONG-TERM CARE FACILITIES

The following organizations provide information on facility quality, payment options, and licensing.

### Central Pines Regional Council Formerly: Triangle J Council of Governments

Ombudsman Program
4307 Emperor Blvd.
Durham, NC 27703
Autumn Cox, Regional Ombudsman
919-558-9401
www.centralpinesnc.gov

#### **Chatham County Aging Services**

Community Resources 365 Hwy 87 N, Pittsboro NC 27312 919-542-4512 https://chathamcouncilonaging.org/

## LONG-TERM CARE FACILITIES (cont.)

#### **Chatham County Department of Social Services**

Adult Placement 919-542-2759

https://www.chathamcountync.gov/government/departments-programs-i-z/social-services/adult-services-information

#### Medicare

Nursing Home Ratings 800-633-4227 www.medicare.gov

#### **NC Department of Insurance**

855-408-1212

www.ncdoi.gov/licensees/continuing-care-retirement-communities-ccrc

#### **NC Division of Health Service Regulation**

Complaint Hotline 800-624-3004 www.ncdhhs.gov/dhsr Nursing Home Licensure & Certification 919-855-4620 https://info.ncdhhs.gov/dhsr/acls/star/search.asp

### MEDICAL COMPLAINTS

The following organizations accept complaints about medical care for home health, hospitals, or long-term care facilities.

#### **Medicare Beneficiaries Complaint Hotline**

800-633-4227 or www.medicare.gov

#### **NC Division of Health Service Regulation**

Complaint Hotline 800-624-3004 or www.ncdhhs.gov

#### **NC Medical Board**

Doctor Complaints 800-253 9653 ext. 501 or www.ncmedboard.org

#### **NC State Board of Dental Examiners**

Dental Complaints 919-678-8223 or www.ncdentalboard.org



## MEDICAL EQUIPMENT & LOAN CLOSETS

The following organizations sell or loan medical equipment, based on availability, such as walkers, wheelchairs, or tub benches, to assist a person's ability to live independently. Equipment that is medically necessary and ordered by a physician may be partially covered by Medicare or other insurance.

#### **Chatham County Aging Services**

Gently used assistive devices for loan 365 Hwy 87 North Pittsboro, NC 27312 919-542-4512 https://chathamcouncilonaging.org/

#### **Chatham Hospital Physical Therapy Clinic**

163 Medical Park Drive, Suite 120 Siler City, NC 27344 919-799-4510

#### **Chatham Rehabilitation Services of Pittsboro**

75 Freedom Parkway, Suite E Pittsboro, NC 27312 984-215-3260

#### Palmetto Oxygen LLC

1231 NE Maynard Rd. Cary, NC 27513 919-852-0052

# MEDICAL & DENTAL SERVICES

The following organizations offer education, evaluations, medical/dental care, and rehabilitation services.

#### **Chatham County Public Health Department**

80 East Street Pittsboro, NC 27312 919-542-8220

1000 S. 10th Avenue Siler City, NC 27344 919-742-5641

#### **Community Health Centers**

7228 Moncure-Pittsboro Rd. Moncure, NC 27559 919-542-4991

224 South 10th Avenue Siler City, NC 27344 919-663-1744

#### **Dialysis Centers**

Carolina Dialysis Center 480 Hillsboro St. Pittsboro, NC 27312 919-545-0019

192 Campus Drive Siler City, NC 27344 919-663-1054

#### Duke

#### **Geriatric Evaluation & Treatment Clinic**

40 Duke Medicine Circle., Clinic 1J Durham, NC 27710 919-620-4070

#### **Duke Memory Disorder Clinic**

932 Morreene Road Durham, NC 27705 Clinic Info 919-668-2879 Appointments 919-668-7600

#### In-home Visits/House calls

Accepting Medicare & Medicaid

#### **Dispatch Health**

Urgent Care In-Home 919-897-8785

#### **Doctors Making Housecalls**

919-932-5700 or 800-932-5700

(non-reimbursable trip fee charged in most cases)

#### **UNC Dental School**

385 South Columbia Street Chapel Hill, NC 27599 919-537-3737

#### **UNC Hospitals**

101 Manning Drive Chapel Hill, NC 27514 984-974-1000

475 Progress Blvd. Siler City, NC 27344 919-799-4000

#### **UNC Primary Care**

Primary Care 163 Medical Park Drive Siler City, NC 27344 919-742-6032/800-900-3727

75 Freedom Parkway Pittsboro, NC 27312 984-545-0911

#### **Urgent Care Centers**

Central Piedmont Urgent Care 101 Walmart Supercenter Siler City, NC 27344 919-663-3911

#### **Pine Ridge Urgent Care**

628 East St. Pittsboro, NC 27312 919-542-4450

#### **UNC Urgent Care at Chatham Park**

51 Mosaic Blvd., Suite 100 Pittsboro, NC 27312 984-215-6766

# MENTAL HEALTH SERVICES

The following organizations offer a variety of mental health services, including education, referrals, emergency counseling, support groups, and treatment.

Medicare, Medicaid, and other insurance providers may cover services.

#### 988 Suicide & Crisis Hotline

(National Suicide Hotline) 988 or 800-273-8255 www.samhsa.gov

#### **Chatham County Public Health Department**

80 East Street Pittsboro, NC 27312 919-542-8220 1000 S. 10th Avenue Siler City, NC 27344 919-742-5641

#### 24-hr Crisis Hotline via VAYA Health

888-916-4255

#### **Chatham Recovery (Morse Clinics)**

Opioid Treatment Program 1758 E. Eleventh St., Suite E Siler City, NC 27344 919-663-3303 www.morseclinics.com/locations/chatham-recovery

#### **Daymark Mental Health & Substance Abuse**

1105 E. Cardinal St. Siler City, NC 27344 919-663-2955

#### **Mobile Crisis Services**

(Operated by Daymark 24/7) 866-275-9552 www.daymarkrecovery.org

#### Duke

Cognitive-Behavioral Res. and Treatment Program 2213 Elba Street Durham, NC27705 888-275-3853 or 919-684-0100

#### El Futuro Bilingual Mental Health & Substance Abuse

401 N. Ivey Ave. Siler City, NC 27344 919-688-7101 ext.600

#### **HOPE 4 NC Helpline**

Mental Health & Substance Abuse (for uninsured) 855-587-3463

#### **Murdoch Center**

PO Box 3000, 1600 East C Street Butner, NC 27509 919-575-1000

#### Partners' Behavioral Health Management

877-864-1454 888-235-4673 (Crisis Line) www.partnersbhm.org

#### **UNC Adult Psychiatry Clinic**

77 Vilcom Center Drive, Dawson Hall, Suite 300 Chapel Hill, NC 27514 984-974-5217

#### **UNC Center for Women's Mood Disorders**

(specific for women and girls) 101 Manning Drive Chapel Hill, NC 984-966-9640

#### Vaya Health

Mental Health & Substance Abuse 800-893-6246

# RECREATION AND CONT. EDUCATION

The following organizations offer one or more of the following activities: cultural events, education, exercise, and socialization.

#### **Central Carolina Community College**

764 West Street Pittsboro, NC 27312 919-545-8000

400 Progress Blvd, Siler City, NC 27344 919-542-2201

#### **Chatham Arts Council**

118 West St, Pittsboro, NC 27312 919-542-0394

#### **Chatham Community Library**

197 NC-87 Pittsboro, NC 27312 919-545-8084

# RECREATION AND CONT. EDUCATION

#### **Chatham County Aging Services**

365 Hwy 87 N Pittsboro, NC 27312 919-542-4512

112 Village Lake Road Siler City, NC 27344 919-742-3975

#### **Chatham County Parks & Rec**

964 East Street, Suite 100 Pittsboro, NC 27312 919-545-8555

#### **Chatham County Public Health Department**

80 East Street Pittsboro NC 27312 919-542-8220

1000 South 10th Avenue Siler City, NC 27344 919-742-5641

#### **Wren Memorial Library**

500 N 2nd Ave,. Siler City, NC 27344 919-742-2016

#### **YMCA**

287 East St #412 Pittsboro, NC 27312 919-545-9622

SUBSTANCE ABUSE

See Mental Health

SUPPORT GROUPS
See Advocacy & Support

## TAX ASSISTANCE

The following organizations provide assistance related to local, state, and federal taxes.

#### **AARP Tax Aide**

www.aarp.org

#### Chatham County Aging Services—VITA

Volunteer Income Tax Assistance 365 Hwy 87 N Pittsboro, NC 27312 919-542-4512

112 Village Lake Road Siler City, NC 27344 919-742-3975

Chatham County Tax Office Elderly & Disabled Tax Relief Disabled Veteran Tax Relief

12 East St. Pittsboro, NC 27312 919-542-8250

**Internal Revenue Service** 800-829-1040

NC Department of Revenue State Tax Information

877-252-3052 www.ncdor.gov



### **TRANSPORTATION**

The following organizations provide transportation to older adults or persons with disabilities with transportation needs.

Advance notice is required.

American Cancer Society Cancer patients 800-227-2345

**Approved Medical Transportation** Wheelchair transport available 919-428-4300

**Chatham Transit** 

Elderly & Disabled Program 127 Martin Luther King Jr. Drive Pittsboro, NC 27312 919-542-5136 919-795-5808 after hours

**Department of Social Services** Medicaid Transportation 919-642-6970

**GoGo Grandparents**No wheelchair transport in Chatham County
855-464-6872 ext. 68740

Seniors on the Go (Raleigh)

919-521-8092

www.ncseniorsonthego.com

**Sister 1 Transportation (Siler City)** 

919-742-4115

https://

sister 1 transportation. century link site.

net/

(For non-emergent transportation)

### **VETERAN SERVICES**

The following organizations offer one or more of the following for veterans and/ or their families: education about benefits, advocacy, and direct services.

#### **American Red Cross**

800-733-2767 www.redcross.org

#### **Chatham County Veteran Services**

Michael Daniels, Veteran Services Officer 919-545-8334 Pittsboro 919-742-3975 Siler City

**NC Department of Military and Veterans Affairs** 

844-624-8387

https://www.milvets.nc.gov/

#### **US Department of Veterans Affairs**

800-698-2411 www.va.gov

#### **Vet Centers (Counseling)**



**Veterans of Foreign Wars Post 7313 Joe Wagner Post**PO Box 1775

Pittsboro, NC 27312-1775 919-542-0927

Veterans' Services
Paralyzed Veterans of America

800-795-3622 www.pva.org

## VICTIM ASSISTANCE SERVICES

The following organizations provide assistance and support services to victims of domestic violence, abuse, neglect, and other crimes.

#### **Chatham County Sheriff's Office**

295 West St. Pittsboro, NC 27312 919-542-2811

#### **Compass Center for Women & Families**

210 Henderson St Chapel Hill, NC 27514 919-968-4610

### Department of Social Services Adult Protective Services

919-642-6988 919-542-2911 after hours

#### **Durham Crisis Response Center**

206 N. Dillard Street Durham, NC 27701 919-403-9425 919-403-6562 24-hour line 919-519-3735 Spanish

#### **Family Abuse Services Domestic Violence Shelter**

1950 Martin Street Burlington, NC 27216 336-226-5985 336-264-2935 Spanish

#### Legal Aid of NC (Domestic Violence)

866-219-5262 www.legalaidnc.org

#### **Pittsboro Police Department**

635 East St. Pittsboro, NC 27312 919-542-3200

#### **Siler City Police Department**

312 N. Chatham Ave. Siler City, NC 27312 919-742-5626

#### **Silk Hope Catholic Worker** (limited space)

(single women/mothers w/children only) 3355 Woody Store Road Siler City, NC 27344 919-663-4334

## VOLUNTEER OPPORTUNITIES

The following organizations offer volunteer opportunities to people with a variety of interests, availability, and skills.

Many of the organizations rely heavily on volunteers for their daily operations and carrying out their missions.

#### **American Red Cross**

800-733-2767

#### Carolina Meadows

100 Carolina Meadows Chapel Hill, NC 27517 919-942-4014

#### **Chatham Animal Rescue & Education CARE**

https://www.chathamanimalrescue.org/get-involved/become-a-volunteer/

#### **Chatham Arts Council**

919-542-0394

https://www.chathamartscouncil.org/tag/volunteer/

#### **Chatham County Aging Services**

365 Hwy 87 North Pittsboro, NC 27312 919-542-4512

112 Village Lake Road Siler City, NC 27344 919-742-3975

### Chatham County Elections Election Worker Volunteerism

919-545-8506 chance.mashburn@chathamcountync.gov

#### **Chatham County Partnership for Children**

220 Chatham Business Drive Pittsboro, NC 27312 919-542-7449

#### **Chatham Habitat for Humanity**

467 West St. Pittsboro, NC 27312 919-542-0794

#### **CORA**

919-542-5020 info@corafoodpantry.org

# VOLUNTEER OPPORTUNITIES (cont.)

#### **Fuel Up at Perry Harrison School**

Backpack Food Program 919-967-9925 volunteer@fuelupkids.org

> Goathouse Refuge Cat Sanctuary 919-542-6815

919-542-5790 info@hawriver.org

#### **League of Women Voters**

919-942-6012 https://www.lwv.org/local-leagues/lwv-orange-durham-chatham

#### **Piedmont Farm Animal Refuge**

7236 US Hwy 87 North
Pittsboro, NC 27312
919-533-4013
info@piedmontrefuge.org

#### **Pittsboro Elementary School**

375 Pittsboro Elementary School Road Pittsboro, NC 27312 919-542-3987

#### Second Bloom of Chatham

919-533-6864 info@secondbloomofchatham.org

Sonshine & Blessings (Adult Care, Transportation) 919-542-5436 https://www.sonshineandblessings.com/

#### St. Bartholomew's Episcopal Church

204 W. Salisbury St. Pittsboro, NC 27312 919-542-5679

#### **United Way of Chatham County**

919-542-1110

https://unitedwayofchathamcounty.org/volunteer/

#	
211 Access to Local Resources in NC	211
4Ever Home Care, LLC	919-930-4886
501 Pharmacy	984-999-0501
988 Suicide and Crisis Lifeline	988
Α	
AAA Foundation for Traffic Safety	800-993-7222
AARP (Raleigh)	866-389-5650
AARP Smart Driver Course	877-846-3299 or 800-350-7025
AARP (Washington, DC)	888-687-2277
Accessible Home Health Care	919-896-7679
Adult Protective Services in NC	919-855-3400
Affordable Dentures & Implants (Durham)	919-371-8983
Alcoholics Anonymous	877-547-6351
Alston Chapel United Holy Church	919-542-4111
Alzheimer's Association	800-272-3900
American Cancer Society	800-227-2345
American Council of the Blind	800-424-8666
American Diabetes Association	800-342-2383
American Heart Association	919-463-8300
American Liver Foundation	212-668-1000
American Lung Association	800-LungUSA
American Red Cross	800-733-2767
American Society of Aging	800-537-9728
American Association of the Deaf-Blind	800-232-5463
Approved Medical Transportation	919-742-5582
The Arbor at Galloway Ridge	919-545-1660
Arthritis Foundation	800-283-7800
Asthma and Allergy Foundation of America	800-727-8462
Autism Society of America	

#### В-С

Back Solutions Chiropractic & Wellness Center	919-969-0932
Better Business Bureau—Resources for Seniors	919-872-793
Better Business Bureau of Eastern NC	919-277-4222
Better Hearing Institute Consumer Help Line	800-327-935
Bright Audiology and Hearing Care	919-888-4634
CapTel NC—Hearing Impaired Devices	866-545-4012
Cardinal Innovations Healthcare (serves Chatham County)800-939-5911 (crisis only)	919-913-4000
Carolina Cosmetic Dental Care (Durham)	919-688-4333
Carolina Dialysis Center Siler City	919-663-1054
Carolina Dialysis Center Pittsboro	919-545-0019
Carolina Meadows Assisted Living	919-942-4014
Center for Disease Control and PreventionHealthy Aging Program	800-232-4636
Central Piedmont Community Action Inc —Weatherization Program	919-742-2277
Central Pines Regional Council (Ombudsman)Pittsboro 919-542-4512, Siler City	
Chatham County Agriculture & Conference Center	919-545-8393
Chatham County Clerk of Court	919-545-3500
Chatham County Department of Social Services	919-542-2759
Chatham County Housing Authority	919-742-1236
Chatham County Magistrates	919-545-3519
Chatham County Public Health Department	919-742-5641
Chatham County Sheriff's Office	919-542-2811
Chatham County Veterans Services	919-545-8334
Chatham Habitat for Humanity	919-542-0794
Chatham Hospital, Siler City	919-799-4000
Chatham Outreach Alliance (CORA)	.919-542-5020
Chatham Ridge Assisted Living	919-595-9061
Chatham Transit	919-542-5136
Coventry House of Siler City	919-742-4052

#### C (cont.)

Creekside Apartments	336-226-8411
Cystic Fibrosis Foundation	800-344-4823
D-E	
Daymark	919-663-2955
Diabetes Support Group (Chatham County Aging Services)	919-742-3975
Disability Rights NC	877-235-4210
Division of Deaf and Hard of Hearing	888-467-3413
Division of Health Service Regulation	800-624-3004
Duke Family Support Program Alzheimer's Program	919-660-7510
Duke University Medical Center	919-684-8111
Durham Crisis Response Center/Emergency Shelters (24 hours)	919-403-6525
Durham Veterans Administration Medical Center/Hospital	919-286-0411
El Centro Hispano (Hispanic Community Support)	919-687-4635
El Futuro (Mental Health, Substance Abuse Services—bilingual)	919-688-7101 ext.600
Employment Security Commission	Raleigh 888-737-0259
	Sanford 919-775-2241
Enchanting Smiles Family Dentistry	919-542-2712
Epilepsy Foundation of America	301-459-3700
Eye Care America	877-887-6327
Family Caragivar Support (Chatham County Aging Samiless)	010 742 2075
Family Caregiver Support (Chatham County Aging Services)	
railily Abuse Services/ Domestic violence Emergency Sherter	
Family Caregiver Alliance	•
Fayetteville VA Medical Center	
Fearrington Cares	
Federal Trade CommissionDebt Collection	
Federal Trade CommissionID Theft	
First Choice Home Care, Inc	919-663-1188
First Health Family MedicineChatham (formerly Garlick & Murray)	919-545-0580
First in Families Disability Services & Support	919-251-8368
Food Lion PharmacySiler City	919-742-9966
Free Annual Credit Report	877-322-8228

F (cont.)	
Freedom House Recovery Center Homeless Shelter	919-942-2803
Freedom Mobility Home/Vehicle Modifications	800-980-5696
G-K	
Galloway Ridge In-Home Aide	919-545-2668
Galloway Ridge at Fearrington Long-term Care	919-328-2657
Genesis Healthcare Siler City Center	919-663-3421
Gentiva Hospice	919-718-5417
Goodwill Industries	336-724-3621
Guardian Angels Home Care of NC	919-371-2062
Gunn & Messick, LLP Estate Planning	919-542-3253
Habitat for Humanity Re-Store (see Chatham Habitat for Humanity)	
Harris Teeter PharmacyChatham Downs	919-960-0275
HASTEN Help Systems	800-582-3073
Hearing Loss Association of America	301-657-2248
Hispanic Liaison	919-742-7448
Home Instead Senior Care (N. Chatham Co. & Chapel Hill)	919-933-3300
HOPE 4 NC Helpline Mental Health/Substance Abuse (for uninsured)	855-587-3463
Housing Authority (see Chatham County)	
Inter-faith Council for Social Services	919-929-6380
IRS—Claiming parent as dependent	844-545-5640
Keston Care In-home Care	919-967-0507
Kidney Foundation NC Office	704-519-0020
L	
Lane & Assoc. Family Dentistry	919-704-8084
Laurels of Chatham County	919-542-6677
Legal Aid of NC, Pittsboro	919-545-0735
Legal Aid of NC, Senior Helpline	877-579-7562
Liberty Home Care & Hospice Services	919-742-4893
Life Alarm Medical Alert System	800-780-5433
Life Alert Medical Alert System	800-247-0000
Lifeline Medical Alert System	855-655-4401
Lion's Club, Chatham County (Vision Impaired)	919-742-4081 or 919-663-2659
Lion's Club, Siler City (Hearing-Impaired)	919-742-4081
Livewell @ Governor's Club Cottages (Assisted Living)	919-719-9127
Love Chatham (Support for Homeless)	919-726-9976
Lupus Foundation of America	704-716-1228
M	
Magistrates Office, Pittsboro (see Chatham County Magistrates)	
Maxime Home Healthcare (In-home Care Services)	919-676-3118

Medicaid, gov.         800-633-4227           Medicaid, Pittsboro.         919-542-2759           Medicaid Transportation.         919-642-6970           Medicine Assistance Tool.         888-477-2669           Mesothelioma Veterans Center.         877-404-9992           Mobile Rehab, LLC.         919-516-0690           Moncure Community Health Center.         919-575-1000           Multiple Scierosis Society.         800-344-867           N         National Cancer Institute.         301-496-4000           National Hopeline.         800-442-HOPE (4673)           National Suicide Prevention (the Suicide and Crisis Lifeline).         988 or 800-273-8255           NC Astorney General — Consumer Protection Hotline.         919-855-300 or 919-859-8300           NC Attorney General — Consumer Protection Hotline.         919-857-061           NC Bar Association (Legal Service).         919-677-0561           NC Department of Insurance.         855-408-1212           NC Department of Labor.         800-637-2267           NC Department of Military and Veterans' Affairs.         844-624-8387           NC Division of Medical Assistance.         919-855-3005           NC Division of Motor Vehicles, Tags, Carrboro.         919-517-6007           NC Division of Motor Vehicles, Tags, Sanford.         919-716-7000      <	M (cont.)	
Medicaid, Pittsboro.         919-542-2759           Mediciald Transportation.         919-642-6970           Medicine Assistance Tool.         887-72669           Mesothelioma Veterans Center         877-404-9992           Mobile Rehab, LLC.         919-516-0690           Moncure Community Health Center         919-575-1000           Multiple Sclerosis Society.         800-344-4867           N         800-344-4867           National Cancer Institute.         301-496-4000           National Hopeline.         800-442-HOPE (4673)           National Suicide Prevention (the Suicide and Crisis Lifeline).         988 of 800-273-8255           NC Assistive Technology Program.         919-855-3500 or 919-859-8360           NC Attorney General.         919-855-3500 or 919-859-8360           NC Attorney General.         919-871-6600           NC Bar Association (Legal Service).         919-871-6600           NC Brain Injury Association         800-377-1464           NC Department of Insurance.         855-408-1212           NC Department of Military and Veterans' Affairs.         844-624-8387           NC Department of Military and Veterans' Affairs.         844-624-8387           NC Division of Medical Assistance.         919-857-8500           NC Division of Motor Vehicles, Tags, Sanford.         919-8	Medicaid.gov	800-633-4227
Medicine Assistance Tool         .888-477-2669           Mesothelioma Veterans Center         .877-404-9992           Mobile Rehab, LLC         .919-516-0690           Moncure Community Health Center         .919-524-4991           Murdoch Center (Mental Health/Counseling)         .919-575-1000           Multiple Sclerosis Society         .800-344-4867           N         .800-344-4867           N         .800-442-HOPE (4673)           National Cancer Institute         .301-496-4000           National Suicide Prevention (the Suicide and Crisis Lifeline)         .988 or 800-273-8255           NC Assistive Technology Program         .919-855-3500 or 919-859-8360           NC Attorney General—Consumer Protection Hotline         .919-7716-6000           NC Bar Association (Legal Service)         .919-677-0561           NC Brain Injury Association         .800-377-1464           NC Department of Insurance         .855-408-1212           NC Department of Insurance         .855-408-1212           NC Department of Military and Veterans' Affairs         .844-624-8387           NC Department of Revenue         .877-252-3052           NC Division of Health Services Regulation         .800-624-3004           NC Division of Medical Assistance         .919-855-4100           NC Division of Motor Vehicles, Tags, Carr		
Mesothelioma Veterans Center       877-404-9992         Mobile Rehab, LLC       919-516-0690         Moncure Community Health Center       919-516-0690         Murdoch Center (Mental Health/Counseling)       919-575-1000         Multiple Sclerosis Society       800-344-4867         N       National Cancer Institute       301-496-4000         National Hopeline       800-427-825         National Suicide Prevention (the Suicide and Crisis Lifeline)       988 or 800-273-8255         NC Assistive Technology Program       919-855-3500 or 919-859-8360         NC Attorney General       Consumer Protection Hotline       919-716-6000         NC Brain Injury Association       800-377-1464         NC Department of Insurance       855-408-1212         NC Department of Insurance       855-408-1212         NC Department of Military and Veterans' Affairs       844-624-8387         NC Division of Health Services Regulation       800-625-2267         NC Division of Motor Vehicles (Driver Safety/Rehabilitation)       919-855-4100         NC Division of Motor Vehicles, Tags, Carrboro       919-521-8600         NC Division of Motor Vehicles, Tags, Sanford       919-716-6027         NC Division of Services for the Deaf and Hard-of-Hearing       888-467-3413         NC Division of Services for the Deaf and Hard-of-Hearing (Relay NC V	Medicaid Transportation	919-642-6970
Mobile Rehab, LLC.         919-516-0690           Moncure Community Health Center.         919-542-4991           Murdoch Center (Mental Health/Counseling).         919-575-1000           Multiple Sclerosis Society.         800-344-4867           N         800-344-4867           N         National Cancer Institute.         301-496-4000           National Hopeline.         800-442-HOPE (4673)           National Suicide Prevention (the Suicide and Crisis Lifeline).         988 or 800-273-8255           NC Assistive Technology Program.         919-855-3500 or 919-859-8360           NC Attorney General—Consumer Protection Hotline.         919-876-6000           NC Bar Association (Legal Service).         919-677-0561           NC Brain Injury Association.         800-377-1464           NC Department of Insurance.         855-408-1212           NC Department of Labor.         800-625-2267           NC Department of Motor Vetreares' Affairs.         844-624-8387           NC Department of Revenue.         877-252-3052           NC Division of Medical Assistance.         919-855-4100           NC Division of Motor Vehicles (Driver Safety/Rehabilitation).         919-715-7000           NC Division of Motor Vehicles, Tags, Carrboro.         919-521-8600           NC Division of Motor Vehicles, Tags, Sanford.         919-544-366	Medicine Assistance Tool	888-477-2669
Moncure Community Health Center	Mesothelioma Veterans Center	877-404-9992
Murdoch Center (Mental Health/Counseling)	Mobile Rehab, LLC	919-516-0690
Nultiple Sclerosis Society	Moncure Community Health Center	919-542-4991
National Cancer Institute	Murdoch Center (Mental Health/Counseling)	919-575-1000
National Cancer Institute	Multiple Sclerosis Society	800-344-4867
National Hopeline	N	
National Suicide Prevention (the Suicide and Crisis Lifeline)	National Cancer Institute	301-496-4000
NC Assistive Technology Program	National Hopeline	800-442-HOPE (4673)
NC Attorney General—Consumer Protection Hotline	National Suicide Prevention (the Suicide and Crisis Lifeline)	988 or 800-273-8255
NC Bar Association (Legal Service)	NC Assistive Technology Program	919-855-3500 or 919-859-8360
NC Brain Injury Association	NC Attorney General—Consumer Protection Hotline	919-716-6000
NC Department of Insurance	NC Bar Association (Legal Service)	919-677-0561
NC Department of Labor	NC Brain Injury Association	800-377-1464
NC Department of Labor	NC Department of Insurance	855-408-1212
NC Department of Revenue		
NC Department of Revenue	NC Department of Military and Veterans' Affairs	844-624-8387
NC Division of Medical Assistance		
NC Division of Motor Vehicles (Driver Safety/Rehabilitation)	NC Division of Health Services Regulation	800-624-3004
NC Division of Motor Vehicles, Tags, Durham	NC Division of Medical Assistance	919-855-4100
NC Division of Motor Vehicles, Tags, Durham	NC Division of Motor Vehicles (Driver Safety/Rehabilitation)	919-715-7000
NC Division of Motor Vehicles, Tags, Sanford	NC Division of Motor Vehicles, Tags, Carrboro	919 521-8600
NC Division of Services for the Blind	NC Division of Motor Vehicles, Tags, Durham	919-544-3662
NC Division of Services for the Deaf and Hard-of-Hearing	NC Division of Motor Vehicles, Tags, Sanford	919-774-6027
NC Division of Services for the Deaf and Hard-of-Hearing (Relay NC Voice/TTY)	NC Division of Services for the Blind	910-486-1582 or 800-422-1897
NC Driver's License Division, Carrboro	NC Division of Services for the Deaf and Hard-of-Hearing	888-467-3413
NC Driver's License Division, Siler City	NC Division of Services for the Deaf and Hard-of-Hearing (Relay NC Voice/TTY)	711
NC Lawyer Referral Service	NC Driver's License Division, Carrboro	919-929-4161
NC Library for the Blind and Physically Handicapped	NC Driver's License Division, Siler City	919- 663-2601
NC Medical Board (doctor complaints)	NC Lawyer Referral Service	919-677-8574
NC Wildlife Resource Commission	NC Library for the Blind and Physically Handicapped	888-388-2460
NC Wildlife Resource Commission	NC Medical Board (doctor complaints)	800-253-9653
North Chatham Pediatrics and Internal Medicine984-215-5900		
North Chatham Pediatrics and Internal Medicine984-215-5900	The Nook at Cambridge (Independent Senior Living)	919-545-9573
North Glenn Apartments (Income Based)919-742-2395		
	North Glenn Apartments (Income Based)	919-742-2395

N (cont.)	
Nursing Home Complaint Hotline	800-624-3004
P-Q	
PACE (Piedmont Health Senior Care)	919-545-7337
Palmetto Oxygen, LLC	919-852-0052
Paralyzed Veterans of America	800-795-3622
Parkinson Association of the Carolinas	866-903-7275
Peak Professional Group (Mental Health & Substance Abuse)	919-335-3105
Piedmont Health Services, Moncure	919-542-1641
Piedmont Health Services, Siler City	919-663-4401
Pine Glade Apartments (Income Based)	919-663-3464
Pine Ridge Urgent Care	919-542-4450
Pittsboro Christian Village	919-542-7533
Pittsboro Dentistry	919-545-9500
Pittsboro Family Eye Care	919-542-2020
Pittsboro Pharmacy	919-533-6901
Pittsboro Village Apartment (Income Based)	919-542-5410
Powell Spring Apartments (Income-Based Senior Housing)	919-533-6319
Quality Home Health Care, Inc.—Medical Equipment	919-775-2001
Quality Life Home Care, Inc—In-Home Aide	919-545-2027
R-S	
Rebuilding Together of the Triangle (home repair/modification)	919-341-5980
Regional Centers for Deaf and Hard of HearingVoice 919-859	
Regional Centers for Deal and Hard of HealingVoice 919-803	9-8526 or TTY 919-233-7082
Renaissance Wellness Services Mental Health & Substance Abuse	
	919-704-8449
Renaissance Wellness Services Mental Health & Substance Abuse	919-704-8449 919-761-6678
Renaissance Wellness Services Mental Health & Substance Abuse  Renew Physiotherapy North Chatham	919-704-8449 919-761-6678 800-735-2961 or 711
Renaissance Wellness Services Mental Health & Substance Abuse  Renew Physiotherapy North Chatham	919-704-8449 919-761-6678 800-735-2961 or 711 800-735-8260 or 711
Renaissance Wellness Services Mental Health & Substance Abuse	919-704-8449 919-761-6678 800-735-2961 or 711 800-735-8260 or 711 919-799-2226
Renaissance Wellness Services Mental Health & Substance Abuse	
Renaissance Wellness Services Mental Health & Substance Abuse  Renew Physiotherapy North Chatham  Relay NC (TTY)  Relay NC (Voice)  Resolve Physical Therapy & Rehab  Reynolds & Associates Physical Therapy	
Renaissance Wellness Services Mental Health & Substance Abuse  Renew Physiotherapy North Chatham  Relay NC (TTY)  Relay NC (Voice)  Resolve Physical Therapy & Rehab  Reynolds & Associates Physical Therapy  Roscoe Optometric Clinic	
Renaissance Wellness Services Mental Health & Substance Abuse  Renew Physiotherapy North Chatham  Relay NC (TTY)	
Renaissance Wellness Services Mental Health & Substance Abuse  Renew Physiotherapy North Chatham  Relay NC (TTY)  Relay NC (Voice)  Resolve Physical Therapy & Rehab  Reynolds & Associates Physical Therapy  Roscoe Optometric Clinic  Salvation Army  Sheffield Manor Apartments (Older Adults)	
Renaissance Wellness Services Mental Health & Substance Abuse	
Renaissance Wellness Services Mental Health & Substance Abuse  Renew Physiotherapy North Chatham  Relay NC (TTY)  Relay NC (Voice)  Resolve Physical Therapy & Rehab  Reynolds & Associates Physical Therapy  Roscoe Optometric Clinic  Salvation Army  Sheffield Manor Apartments (Older Adults)  SHIIP (Seniors' Health Insurance Information Program —Raleigh  SHIIP (Seniors' Health Insurance Information Program—Aging Services	
Renaissance Wellness Services Mental Health & Substance Abuse	
Renaissance Wellness Services Mental Health & Substance Abuse	
Renaissance Wellness Services Mental Health & Substance Abuse	

S (cont.)	
Social Security Administration—Sanford	877-319-5774
State Library of NC for Blind and Physically Handicapped	888-388-2460
T-V	
Total Life Care (in-home care services)	919-776-0352
Transitions LifeCare (in-home and hospice services)	919-828-0890
Triangle Radio Reading Service (news/entertainment for the blind)	919-832-5138
Twin Rivers (Independent Living)	919-545-0149
UNC Family Medicine at Pittsboro	984-545-0096
UNC Home Health Pittsboro	984-215-2650
UNC Hospital, Chapel Hill	984-974-1000
UNC Hospital, Siler City (see Chatham Hospital)	
UNC Primary Care, Siler City	919-742-6032
UNC School of Dentistry	919-537-3737
UNC Specialty CarePittsboro 984-216-3220	Siler City 919-799-4050
UNC Urgent Care, Pittsboro	984-215-6766
United Way	919-542-1110
US Department of Veterans Affairs (information & help with VA claims)	800-698-2411
Vaya Health (Mental Health & Substance Abuse)	800-893-6246
Veterans Caregiver Support	855-260-3274
Veterans Hospital, Durham	919-286-0411
Veterans Service Office, Pittsboro	919-545-8334
Village Lake Inn (Independent Older Adult Living)	919-742-4052
Vocational Rehabilitation Services	919-663-2544
W-X	
Walgreens Pharmacy, Pittsboro	919-542-1661
Walgreens Pharmacy, Siler City	919-663-2040
Walmart Pharmacy, Chapel Hill	919-357-9039
Walmart Pharmacy, Siler City	919-663-6000
Walmart Vision & Glasses, Chapel Hill	919-357-9178
Walmart Vision & Glasses, Siler City	919-742-1370
Walnut Grove Apartments (income-based)	919-542-2669
Wayforth Moving Solution (specialized in senior relocation)	919-689-8987
West Chatham Food Pantry	919-742-3111
Wisdom Senior Care, Inc	919-408-1852
Womble's Wound and Foot Care Solutions, PLLC	919-228-8717
Y-Z	
YMCA Pittsboro	919-545-9622

### **Chatham County Aging Services**



If you need more information regarding these resources, please call Chatham County Aging Services at 919-542-4512 or 919-742-3975.

#### **EMERGENCY NUMBERS**

Ambulance/Police Fire	911
Mental Health	888-235-4673
Duke Energy (power outage)	800-419-6356
Suicide & Crisis Lifeline	988



2024 Resources Directory

Pittsboro Center for Active Living

365 Hwy 87 North

Pittsboro, NC 27312

Phone: 919-542-4512

Siler City Center for Active Living

112 Village Lake Road

Siler City, NC 27344

Phone: 919-742-3975

This guide is for informational purposes only. Inclusion does not represent endorsement on the part of Chatham County Aging Services or Chatham County.