

CHATHAM COUNTY COMMISSIONERS

Karen Howard, Chair Mike Dasher, Vice Chair **David Delaney** Katie Kenlan Franklin Gomez Flores

COUNTY MANAGER

Dan LaMontagne

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Established 1771

Resolution of the Chatham County Board of Commissioners

Proclaiming November 2023 as Family Caregiver Month in Chatham County

WHEREAS, Chatham County joins the state and nation is recognizing November 2023 as Family Caregivers and Alzheimer's Awareness Month to honor the vital roles family and friends assume in caring for loved ones, including those with Alzheimer's disease and children with special needs; and

WHEREAS, according to AARP and the National Alliance for Caregiving, nearly 1 in 5 Americans are providing unpaid care to an adult with health or functional needs and 23% of Americans report that caregiving has made their health worse; and

WHEREAS, data indicates that Chatham County and North Carolina as a whole are aging – with Chatham having nearly 3 in 10 residents age 65 and older; and, according to the North Carolina State Demographer's Office, Chatham ranks 8th among the state's 100 counties in percentage of population age 65 and older;

WHEREAS, caregiving can take a toll on the caregiver's physical, emotional and financial well-being, including on those trying to balance caregiving with a working career; and

WHEREAS, Chatham County Aging Services and others work to assist caregivers by offering respite, support groups, training, options counseling, Meals on Wheels, assistive equipment, incontinence supplies, and other assistance; and

WHEREAS, the Chatham County Parks and Recreation and the Chatham County Center of the NC Cooperative Extension Service have joined Chatham County Aging Services in creating Peaceful Pathways for Caregivers within the Northeast District Park as a special place for caregivers and their loved ones.

NOW THEREFORE, BE IT RESOLVED by the Chatham County Board of Commissioners that November 2023 is proclaimed Family Caregiver Month. Furthermore, the people of Chatham County are encouraged to support the work of Chatham County Aging Services as it works to serve and support Chatham County caregivers who are wholly involved in the care of their loved ones with the 2023 national theme - "Caregiving Happens"

Adopted, this the 11 day of October 2023

Karen Howard, Chair

Chatham County Board of Commissioners

Karen S. Soward

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ATTEST:

Lindsay K. Ray, NCMCC, Clerk to the Board Chatham County Board of Commissioners