



Established 1771

## CHATHAM COUNTY COMMISSIONERS

Karen Howard, Chair  
Franklin Gomez Flores, Vice Chair  
Robert Logan  
Mike Dasher  
Diana Hales

## COUNTY MANAGER

Dan LaMontagne

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## Resolution of the Chatham County Board of Commissioners

### Proclaiming November 2022 as Family Caregiver Month in Chatham County

**WHEREAS**, Chatham County joins the state and nation in recognizing November 2022 as Family Caregivers and Alzheimer's Awareness Month to honor the vital roles family and friends assume in caring for loved ones, including those with Alzheimer's disease and children with special needs; and

**WHEREAS**, according to a recent report from AARP and the National Alliance for Caregiving, more than one in four caregivers have difficulty coordinating care and one in four caregivers provide care for a loved one with Alzheimer's disease or dementia; and

**WHEREAS**, data indicates that Chatham County and North Carolina as a whole are aging – with Chatham having over one-fourth of its population age 65 and older; and, according to the North Carolina State Demographer's Office, Chatham ranks 10<sup>th</sup> among the state's 100 counties in percentage of population age 65 and older;

**WHEREAS**, caregiving can take a toll on the caregiver's physical, emotional, and financial well-being, including on those trying to balance caregiving with a working career; and

**WHEREAS**, the Chatham County Council on Aging and others work to assist caregivers by offering respite, support groups, training, options counseling, Meals on Wheels, assistive equipment, incontinence supplies, and other assistance; and

**WHEREAS**, the Chatham County Parks and Recreation and the Chatham County Center of the NC Cooperative Extension Service have joined the Council on Aging in creating Peaceful Pathways for Caregivers within the Northeast District Park as a special place for caregivers and their loved ones, with a second such area planned for Southwest District Park.

**NOW THEREFORE, BE IT RESOLVED** by the Chatham County Board of County Commissioners that November 2022 is proclaimed Family Caregiver Month. Furthermore, the people of Chatham County are encouraged to support the work of the Chatham County Council on Aging as it works to serve and support Chatham County caregivers who are wholly involved in the care of their loved ones with the 2022 national theme – "Caregiving Around The Clock"

Adopted, this the 17<sup>th</sup> day of October 2022.

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Karen Howard, Chair  
Chatham County Board of Commissioners

ATTEST:

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Lindsay K. Ray, NCMCC, Clerk to the Board  
Chatham County Board of Commissioners