

## CHATHAM COUNTY COMMISSIONERS

Karen Howard, Chair Diana Hales, Vice Chair Jim Crawford Mike Dasher Andy Wilkie

## COUNTY MANAGER Dan LaMontagne

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Established 1771

## **Resolution of the Chatham County Board of Commissioners**

## **Proclaiming November as Family Caregivers Month**

WHEREAS, Chatham County wishes to join the state and nation in recognizing November as Family Caregivers Month and also as Alzheimer's Awareness Month; and

WHEREAS, Chatham County acknowledges the vital roles of family and friends in caring for loved ones, including those with Alzheimer's disease and children with special needs; and

WHEREAS, the national theme for 2020 Family Caregivers Month—Caregiving around the Clock"—speaks to the all-encompassing tasks of caregiving that can include shopping, meal preparation, household chores, transportation, and providing comfort and care; and

WHEREAS, caregiving can take a toll on the caregiver's physical, emotional and financial well-being, including on those seeking to balance caregiving with a working career; and

WHEREAS, many family caregivers are experiencing extra responsibilities and stress due to COVID-19, as they strive to keep their loved ones at home while others find ways to remain connected with their loved one if residing in a long-term care facility; and

WHEREAS, Chatham's 2018-2023 Aging Plan recognizes how our large and growing older population will require increasing support for family caregivers; and

WHEREAS, the Chatham County Council on Aging and others are striving to assist caregivers, even now in the face of COVID-19, by offering respite, virtual support groups, training, options counseling, Meals on Wheels, assistive equipment, incontinence supplies, and other assistance.

**NOW THEREFORE, BE IT RESOLVED** by the Chatham County Board of County Commissioners that November 2020 is proclaimed Family Caregiver Month and calls upon the people of Chatham County to join the Council on Aging in honoring and supporting family caregivers.

Adopted, this the 5 day of Ocho Wor, 2120.

Karen Howard, Chair

Chatham County Board of Commission Pro

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ATTEST:

Lindsay K. Ray, NCCCC, Clerk to the Board