

HEALTH OF CHATHAM



ANNUAL REPORT | 2019-2020



Chatham Health Alliance

2019-2020
Updates

300
Individual
Members

Over 70 Chatham County
organizations, agencies, and
businesses

4 subcommittees: Equity, Access to Comprehensive Health Services, Obesity, and Poverty

6 General Alliance Meetings in 2019 with presentations on:

- * Medicaid Transformation
- * Adverse Childhood Experiences and Resilience
- * NCCARE360
- * Chatham County Maternity Services

Thank you to the Alliance Leadership Team for their continued dedication to the Chatham Health Alliance:



Jessica Mashburn, Immediate Past Chair



Cecil Wilson, 2020 Chair



Lara Kehle, 2020 Vice-chair/Access Subcommittee Co-chair

Layton Long, Public Health Department Representative
Tammy Needham, Chatham Hospital Representative
Travis Patterson, Poverty Subcommittee Co-chair
Donna Smith, Poverty Subcommittee Co-chair
Brad Wilson, Access Subcommittee Co-chair
Karinda Roebuck, Equity Subcommittee Co-chair
Jan Wilson, Equity Subcommittee Co-chair
Pam Anderson, Obesity Subcommittee Chair

The Chatham Health Alliance Staff would like to thank all Alliance members for their commitment to the Alliance, its subcommittees, and the health of Chatham County residents.



Julie Wilkerson, Alliance Coordinator



William Rowe, Alliance Implementation Specialist

Health Impact Priorities: Tracking Progress

Based on data from the 2018 Chatham County Community Assessment, the Chatham Health Alliance selected three Health Impact Priorities (HIP) to focus on from 2019-2021: Access to Comprehensive Health Services, Poverty, and Obesity. Alliance subcommittees targeting each HIP formed in 2019 to develop action plans and implement collaborative strategies. Updates on each subcommittee can be found on the following pages.

Poverty

Desired Results

All Chatham residents have access to gaining and retaining employment

All Chatham residents have access to affordable, quality educational opportunities

All Chatham residents are safe, healthy, and connected where they live, work, and play


2019-2020 Progress

The Subcommittee formed working groups focused on employment, education, and the neighborhood/built environment. Each working group has prioritized strategies to work on in 2020-2021.

Examples of current prioritized strategies include establishing a living wage initiative, supporting the formation of a youth development council, and creating a plan for Alliance outreach and advocacy activities.

The Poverty Subcommittee has co-lead the NCCARE360 Working Group, focusing specifically on engaging community and social service organizations.

Key Measures

Percent in Poverty: 9.3% (2018)
 from 11.4% in 2017
 (Source: American Community Survey)

Unemployment Rate: 2.9% (Dec. 2019)
 from 3.2% in Dec. 2018
 (Source: NCcommerce.com)

One in four adults would like to expand their job opportunities by getting additional training
 (Source: 2019 Community Survey)

16.2% of adults cite medical costs as what causes the greatest financial stress
 (Source: 2019 Community Survey)

5.5% of Chatham adults worry all or almost all of the time about having enough money to make ends meet
 (Source: 2019 Community Survey)

Obesity

Desired Results

All people in Chatham lead active, healthy lives

All Chatham employers support healthy workforces

2019-2020 Progress

The Obesity Subcommittee has working groups focused on physical activity and nutrition.


The Chatham Health Alliance's Worksite Wellness Initiative is underway, and three worksites are currently enrolled.

The Pittsboro Bicycle and Pedestrian Plan included a health element focused on safe access to points of interest in Pittsboro, equity, and the improvement of the built environment to improve health outcomes.

27 child care facilities improved in nutrition/physical activity practices as measured by their NAP SACC scores.


Fryerless Fridays take place every Friday at Chatham Hospital's cafeteria.

Key Measures

Obesity Rate
 28.8% Among adults in 2018 (Source: 2018 Community Survey)
 15.4% Among high school students in 2017 (Source: 2018 YRBS)
 from 11.5% in 2014 (Source: 2018 YRBS)

13% of adults eat at least 5 servings of fruits and vegetables a day
 from 21% in 2014
 (Source: 2018 & 2014 Community Surveys)

63% of adults are thinking about exercising more in the next month
 (Source: 2019 Community Survey)

Three worksites enrolled in Worksite Wellness in January 2020
 from 1 in January 2019

Access to Comprehensive Health Services

Desired Results	Chatham County has an accessible, all-inclusive, whole person-centered system of care for the prevention and management of physical and behavioral health issues	Chatham County is an equitable and inclusive place where all people experience optimal physical and behavioral health	All people in Chatham can confidently engage in achieving their optimal health
	A joint Working Group of the Access and Poverty Subcommittees is leading planning and coordination of NCCARE360's implementation in Chatham. NCCARE360 is a new statewide referral platform to link healthcare and community-based resources.	Chatham Hospital will offer labor and delivery services beginning fall 2020. The EMBRACe collaboration received grant funding to support equitable birth outcomes.	The Public Health Department's Culturally and Linguistically Appropriate Services (CLAS) Committee and Alliance's Equity Subcommittee have developed strategies to advance CLAS standards in Chatham's healthcare system.
Key Measures	<p>Life Expectancy at Birth (Source: NC State Center for Health Statistics)</p> <p>2013-2015 82.3 years</p> <p>↓ 2016-2018 81.3 years</p> <p>Difference between White and African-American: 6.8 years</p>	<p>Adults who self-report Fair or Poor Physical Health (2018 Community Survey)</p> <p>15.1%</p>	<p>Adults who report provider has never asked about any social needs (e.g., domestic violence, hunger, housing, transportation, ACEs):</p> <p>45.4% (2019 Community Survey)</p>
	<p>Difference between White and African-American: 5.6 years</p>	<p>Adults who self-report Fair or Poor Mental Health (2018 Community Survey)</p> <p>7.6%</p>	

Emerging Issue: Adverse Childhood Experiences (ACEs)

Adverse Childhood Experiences (ACEs) are traumatic life events, such as abuse, neglect, and household dysfunction, that occur in childhood and can have long-term impacts on physical and mental health. The more ACEs a person experiences, the more at risk they are to experience certain health conditions, such as obesity, diabetes, depression, heart disease, substance abuse, and stroke.

One issue related to ACEs, the number of children in foster care, has increased steadily over the past 4 years in Chatham County, following state and national trends. Of the 205 children served by the Chatham County foster care program from March 2018 to February 2020, 63% were removed from their homes due to parent or caretaker serious substance abuse disorder.

In Chatham County
14.4% of adults
reported high levels
of childhood stress

(Source: Chatham County Community Assessment, 2018)

Initiatives in Chatham Addressing ACEs

Chatham Action on Resilience (CARS)

CARS is an initiative in Chatham aimed at educating the community about ACEs and providing resources to build a resilient community through training and screening the documentary film Resilience. For more information on the CARS initiative, please visit: www.carsinitiative.com

Trauma-Informed Communities Project

Chatham was selected to participate in the Center for Child & Family Health's Trauma-informed Communities Project. This project includes a 9-month tailored training program to establish an integrated trauma-informed system of care for children. The collaborative team includes Cardinal Innovations, KidScope, Chatham County Court Programs, Chatham County Public Health Department, Chatham County Department of Social Services, and the Chatham Health Alliance. To learn more please visit: www.ccfhnc.org/resources/three-new-nc-counties-selected-for-trauma-informed-communities-project.

New Initiatives

Maternity Care Center Coming to Chatham Hospital

Beginning in the fall 2020, labor and delivery services will return to Chatham Hospital in Siler City. The maternity care center will fill a void in Chatham, which has not had a provider of childbirth services since the birthing care unit at Chatham Hospital closed more than 20 years ago.

The maternity care center is truly a community effort, with UNC Family Medicine, Piedmont Health Services, the Chatham County Public Health Department, Department of Social Services, Chatham Health Alliance and many other community organizations and agencies teaming up to make the initiative a success. A new collaborative initiative co-led by these organizations called Equity for Moms and Babies Realized Across Chatham (EMBRACe) received a Cross-sector Innovation Initiative grant from the Public Health National Center for Innovations to ensure successful and equitable birth outcomes for women and babies in Chatham County through system and service alignment.

Tobacco-free Ordinances Take Effect

The Chatham County Board of Commissioners passed an ordinance effective January 2020 making all Chatham County government grounds tobacco free. In addition, the Town of Siler City's new tobacco-free ordinance took effect in 2020 and includes 100% tobacco-free town parks. Learn more at chathamnc.org/tobaccofree.

Medicaid Transformation on Hold

In 2015, the North Carolina legislature passed House Bill 372, which put forth major changes to the state's Medicaid program. These changes, known as Medicaid Transformation, were to include transitioning Medicaid's fee-for-service model to managed care, where Medicaid enrollees choose from prepaid health plans offered by different private insurers.

Due to the lack of a state budget, Medicaid Transformation's go-live date of February 1, 2020 has been postponed and no new date has been set. The Chatham Health Alliance and Chatham County Public Health Department continue to monitor this situation and share updates with the Chatham community as they become available.

In the meantime, the Chatham Health Alliance has organized discussions and trainings on NCCARE360, a statewide coordinated care network with the goal of facilitating referrals between medical providers, social service agencies, and community resources, like housing assistance and food pantries.

For more information about NCCARE360, visit nccare360.org. For current information on Medicaid Transformation, visit medicaid.ncdhhs.gov/medicaid-transformation.

Key County Stats

Population: 73,139 (2.3% increase from 2017 to 2018)

Source: American Community Survey

24% Percent of residents 65+ years old, compared to
16% statewide

Source: American Community Survey

33,013 Number of Housing Units

11% increase from 2013 to 2018

Source: American Community Survey

89% Percent of adults with health insurance

Source: 2018 Community Survey

Data Dashboards

Looking for more data on the Health Impact Priorities and other issues? Online data dashboards are now available that provide interactive and updated data from the Chatham County Community Assessment. Visit chathamtalks.org to view the dashboards, updates from the 2019 Chatham Community Cohort Survey and Health Equity Story Maps.