



Established 1771

CHATHAM COUNTY COMMISSIONERS

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Diana Hales, Vice Chair
Jim Crawford
Karen Howard
Andy Wilkie

COUNTY MANAGER

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Resolution of the Chatham County Board of Commissioners

Proclaiming November as Family Caregivers Month

WHEREAS, Chatham County wishes to join the State of North Carolina and nation in recognizing November as Family Caregivers Month and also as Alzheimer's Awareness Month; and

WHEREAS, Chatham County acknowledges the vital roles of family and friends in caring for loved ones, including those with Alzheimer's disease and children with special needs; and

WHEREAS, the national theme for 2019 Family Caregivers Month—*Caregiving around the Clock*—speaks to the all-encompassing tasks of caregiving that can range from shopping, meal preparation, household chores, transportation, and companionship to managing medications, providing personal care and performing complex medical procedures; and

WHEREAS, a recent AARP survey found that more than half of North Carolinians aged 40 and older are current or former caregivers; and

WHEREAS, caregiving can take a toll on the caregiver's physical, emotional and financial well-being, including on those seeking to balance caregiving with a working career; and

WHEREAS, Chatham's 2018-2023 Aging Plan recognizes how our large and growing older population will require increasing support for family caregivers; and

WHEREAS, the Chatham County Council on Aging and others are striving to do their part on behalf of caregivers by offering respite, support groups, training, options counseling, Meals on Wheels, assistive equipment, incontinence supplies, and other assistance.

NOW THEREFORE, BE IT RESOLVED by the Chatham County Board of County Commissioners that November 2019 is proclaimed Family Caregiver Month and calls upon the people of Chatham County to join the Council on Aging in honoring and supporting family caregivers.

Adopted, this the 21 day of October, 2019.

Mike Dasher, Chairman
Chatham County Board of Commissioners

ATTEST:

Lindsay K. Ray, NCCCC, Clerk to the Board
Chatham County Board of Commissioners

