Chatham County Recreation Advisory Board July 15, 2014 Minutes

Meeting was called to order.

Presenters presented on their recreation agency application.

Triangle Land Conservancy (Katherine and Walt)

- Overview 30 years protected over 17000 acres- protecting land; mission; showed map of preserve land; connecting people with nature, increase livability and health
- White Pines 3 miles of trails currently; unique property; creates microclimate; white pines, mountain laurel unique in the plants and topography
- Groups do hikes, school groups, conservation core- trail building
- Proposal is to revamp existing trail system; laid out based on logging roads; steep sections, steep sections have erosion;
- Putting in new trail system—sustainably designed –less erosion
- Phase 1 and Phase 2 phase 1 funding crab majority by had to put in good portion of the system
- Steep part will need a professional to build
- Hiking trail only?- yes
- Q: surface? natural only cut into surface
- Portion to be completed for a lesser amount? –First phase less funding amount would be for consultant to do steep part
- 5000 from Active Chatham to do first part;
- How do you get money to keep property; some stewardship endowment; some we raise through fundraising,
- Professionally is better to be done on steep section;
- 6-8 ft wide trail 24 inches
- To pay TLC staff to organize; supervise volunteers; materials for the bridge
- Phase one with out contract really looking at staff time put in money community engagement to get people out to trails, staff labor vs contract labor what portion for contract- about 3-4 linear uses Stewart Bryan come in for small section do not have linear footage several hundred feet with machine
- one quote or several quotes- job this small –contractor would want more this wound be something he would knock out in a day 3-5 \$ a foot

Goldston Youth Recreation

- John and Misty
- Work with students to
- 2000 serve in our community
- Softball baseball
- All areas come to play all areas of Chatham

- Current facilities listed tennis courts, play grounds, basketball;
- Upper field put facilities on upper field –daytime support; currently no restrooms, shelter could provide; lower field not availability – upper field provides safety;
- Parental vision for restrooms
- Handicap access for access to restrooms and
- Where is it going to be located? on map- shown-
- Looking for funding for the building; going to use fundraising for plumbing electricity etc
- What about sewer and water—Goldston putting in lines- converting into Goldston
- Timeframe- would love to have it by spring
- Most done by volunteer; \$ by registration of kids most goes to insurance, then umpires, HS students to pay concession
- Who does maintenance—us, grass town of goldstone;
- Who owns the property- town of goldstone
- Restrooms open? Locked when gates are locked

Council on Aging

- Lindsey and Dennis
- Applying for new step machine
- Idea from seniors- came from senior to Lindsey
- Senior friendly, helps with strength, raise of motion and cardiovascular health
- Designed for limited range of motion but all can benefit
- Consistent with parks and recreation mission
- Specifically 55 +
- Social and economically disadvantaged
 - Provide transportation
 - Scholarships available
- Senior center is safe and comfortable environment
- Good with balance concerns
- Provides low impact for seniors hip and knee replacement
- Adjustable for body size
- Low step design accessible anybody can get on and off
- Swivel seat
- Monitor screen
- Doesn't need a lot of supervision
- Made in usa, warranty
- Importance of diet and exercise in healthy living and aging healthy
- Its wonder for seniors esp. for those recovery from stroke
- What other equipment? Two treadmill recumbent bikes, 2 upright bikes, a strength machine
- Ergonomically—any regulation for getting a used one—not that I know of but warranty would not be there

• Process- basic info about program, basic health information, doctor info; schedule time to orient; after orient can come based on time; fee for wellness program exercise room- 30\$ month, scholarships are available;

Chatham Soccer League

- Gary , president, been a coach for 12
- 3 things- coaching fees—series of trainings , hold both Spanish and English classes, headed by Paul Caudros, new field at Braxton park, full regulation with lights
- Paint stripers to line the fields current still work, but we need more some for Siler city
- Storage shed expand in North Chatham and Siler city two more sheds
- Leagues has always paid for training
- Shed identified for North Chatham, but need is for Siler city A: if funding comes available will do both
- How many kids? Around 500 a season 2 season probably 750 total, guiding principle is low cost, compared to orange aiming for top tier players,

Discussion:

We held discussion about the different grants- opportunities, weaknesses. We scored the groups based on our scoring sheet. Below are our recommendations. Recommendations

- We recommend Chatham Council on Aging to receive the full amount requested: \$6070 for the Nu Step Machine
 - The Council on Aging had the highest score (82) from our scoring sheet.
- The three other organizations tied on our scoring sheet with a score of 77 each.
- We recommend Goldston Youth and Recreation to receive \$9000 for the shed for the concession and restroom.
 - Goldston is a geographically underserved part of the county.
 - Handicap Accessibility-providing the shed with restrooms and concession will make the park more accessible for handicap individuals.
 - They will be able to provide more services practices, games, events.
- We recommend Triangle Land Conservancy to receive \$3000 to cover materials for the trail and bridge as well as to cover part of the contract labor.
 - \circ $\;$ The area where White Pines is located is geographically underserved.
 - Longevity—the project will be sustainable and usable for a long period of time.
 - Hiking/walking trails can be used by a variety of age groups.
 - Chatham County residents request Hiking/walking trails frequently.
- We recommend Chatham Soccer League to receive \$2230 to cover the majority of the storage shed.
 - According to presentation, paint stripers were not an urgent need.
 "We are requesting funding for paint stripers to line the fields. Our current still work, but we need more."

• Members of the committee felt like individual coaches could pay for certifications.

How did you find out: Active Chatham—Triangle Land

Meeting adjourned at 9:30.