



Name \_\_\_\_\_

## My Fruit and Veggie Goals

1. Circle the names of the fruits you have eaten.

|            |            |           |            |                |
|------------|------------|-----------|------------|----------------|
| Apple      | Banana     | Grape     | Orange     | Lime           |
| Kiwifruit  | Cantaloupe | Plum      | Peach      | Lemon          |
| Pineapple  | Blueberry  | Raspberry | Strawberry | Guava          |
| Blackberry | Pear       | Cranberry | Grapefruit | Papaya         |
| Watermelon | Mango      | Cherry    | Nectarine  | Honeydew Melon |

2. Write the names of fruits you would like to try.

3. How will you eat these fruits?

4. Describe a healthy snack that would include one of these fruits.